

Cybersecurity Awareness

This online Cybersecurity Awareness training teaches end users in your organization the skills needed to improve security and prevent cyber attack on your organization. Even tech-savvy employees can benefit from a refresher on how to protect yourself and your company online. This security awareness course will help keep you, your devices, your network and your entire company safe while you use the internet, read your emails and use applications.

[CBT Nuggets course material](#) →

WEEK 1

Protect Yourself from Social Engineering and Email Phishing 15 min.

- What is Social Engineering? 4
- Social Engineering Phases and Techniques 4
- What is Email Phishing? 6
- Protecting Yourself From Phishing Attacks 6
- Hacker and Attacker Motives 5

Password Best Practices

- Overview 1
- Common Password Mistakes 5
- Checking to See if Your Password Has Been Compromised 3
- Password Best Practices 6
- Benefits of Using a Password Manager 7

Protect Yourself Against Malware

- Overview 1
- What is Malware? 5
- Demo of a User Tricked to Install Malware 2
- Identifying the Negative Impact of Malware 4
- Using Legitimate Software to Protect Against Malware 7
- Protecting Against Malware with Limited Accounts 5

Identify Insider Threats

- Overview 1
- What is an Insider Threat? 4
- Insider Threat "Recruitment" and "Data Collection" Indicators 5

Indicators of Data Transmittal by an Insider Threat 7

Reporting on Indicators of an Insider Threat 4

Adhere to Company Policy

Overview 1

What is Multi-Factor Authentication? 5

Why and How to Protect Yourself Using Two-Factor Authentication 5

Demonstration: Setting Up Two-Factor Authentication 7

Following the Company Mobile Device Policy 6

Mobile Security with Updates and Wi-Fi 6

Using Auto-Wipe to Protect Data 5

Preparation Leads to a Better Response 7

Google 2-Step Verification

Overview 1

What is it and why do I need it? 6

Set Up and Use 2-Step Verification 5

WEEK 2

35 min.

Use Backup Codes 6

Use Google Prompts 4

Use Google Authenticator 7

Use a Security Key 8

Avoid Problems 5

A Final Note for IT Pros 4