

CMMC Readiness & Compliance Training

Take charge of CMMC compliance with training designed for real-world results. This CMMC readiness course helps DoD contractors translate complex requirements into practical action. Learn with expert-led guidance, and break down the CMMC framework into clear, plain language that actually makes sense. You'll cover the full CMMC compliance checklist, understand every CMMC level, explore all 14 domains, practice documentation standards, and learn how to avoid common audit mistakes. By the end, you'll be ready to lead a self-assessment and build a compliance roadmap that keeps your contracts secure and your organization eligible.

[CBT Nuggets course material](#) →

WEEK 1

Introduction To CMMC

What Is CMMC and Why Do We Need It?

The Three Tiers of CMMC

CMMC Specific Terms

Common Roles In CMMC Compliance

Validation

CMMC Practice Families and Domains Pt.1

Introduction

Access Control (AC)

Awareness and Training (AT)

Audit and Accountability (AU) & Configuration Management (CM)

Identification and Authentication (IA) & Incident Response (IR)

Maintenance (MA)

Validation

CMMC Practice Families and Domains Pt.2

Introduction

Media Protection (MP) & Personnel Security (PS)

Physical Protection (PE) & Risk Assessment (RA)

Security Assessment (CA) & System and Communications Protection (SC)

System and Information Integrity (SI)

Validation

CMMC Assessment - Level 1

Introduction

Security Controls

CMMC Level 1 - FAR Clause 52.204-21

Meeting Security Requirements

System Security Plan (SSP)

Implementation Steps For CMMC Level 1

Submitting Your Self-Assessment To SPRS

Validation

CMMC Level 2 & 3 Requirements

Introduction

The Importance of Scoping

Getting Into Diagrams

Self Assessment & Gap Analysis

Plan Of Action & Milestones (POA&M)

Gathering Evidence

Validation

CMMC Assessment - Level 2 & 3

Introduction

The CMMC Level 2 Checklist

The CMMC Level 3 Checklist

Maintaining CMMC Level 2 & 3

Validation