

# Cisco CCT Routing & Switching (100-490 RSTECH)

This foundational Cisco CCT Routing & Switching training covers the objectives in the 100-490 RSTECH exam. For any network technician looking for foundational Cisco exam prep, this CCT Routing & Switching course maps to the Cisco 100-490 RSTECH exam objectives.

[CBT Nuggets course material](#) →

## WEEK 1

### Defining Data Flows in an IP Network

152 min.

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Network Layer (L3)	5
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159 min.

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**158 min.**

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**151 min.**

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**151 min.**

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## Describe Cisco IOS and NX-OS

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**112 min.**

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